

Notice - PROCARTILAG

COMPOSITION :

Each capsule of PROCARTILAG contains the following ingredients:

Indeed, the composition of PROCARTILAG is quite natural because it contains CHORELLA pyrenoïdosa of medium green to dark green color and a standardized dry extract of Curcumin (*Curcuma Longa L.*), a dry extract of *Harpagophytum procumbens*, a dry extract of *Spirate (Spirea ulmaria)*, vitamin C (ascorbic acid), a dry extract of *Piper Nigrum*, and finally and above all vitamin D3 (chololecalciferol), all this in a very natural way.

Ingredients	For 3 capsules	% Nutritional Reference Values
Dry standardized extract of Curcumine (<i>Curcuma Longa L.</i>),	360 mg	-
Dry extract of <i>Harpagophytum procumbens</i>	360 mg	-
Dry extract of <i>Spirea ulmaria</i>	360 mg	-
<i>Chlorella pyrenoïdosa</i>	90 mg	-
Dry extract of <i>Piper Nigrum</i>	5 mg	
Vitamine C	22.2 mg	27.8%
Vitamine D3	9.9 µg	198%

INDICATIONS :

PROCARTILAG is available in capsules, a daily dose of 3 capsules allows you to keep your joints supple thanks to its original composition.

PRESENTATION :

Package containing 60 capsules distributed in 3 blisters of 20 capsules. Net weight: 85.8 g

HOW TO USE IT AND IN WHAT QUANTITY?

- **In cure**, 2 to 3 capsules per day, in the morning on an empty stomach in water or a glass of orange juice and in the evening before supper. It is generally recommended to continue the treatment for 4 - 6 months.
- **In active support**, 3 capsules every morning on an empty stomach

PRECAUTIONS & CONSERVATION :

Excessive consumption can have laxative effects. Store in its original, tightly closed packaging. Keep out of reach of children. Consult your doctor or pharmacist if you are using anticoagulants at the same time. Store away from light and moisture, at room temperature between 15 and 25°C.

VALIDITY : See deadline on packaging

Learn more about certain components of PROCARTILAG

Chlorella pyrenoidosa, the main active component of PROCARTILAG, is a unicellular microalgae that reproduces in fresh water by cell division through photosynthesis. It consists of 62 to 65% protein, 15 to 20% carbohydrates and 11 to 13% fat (including 82% unsaturated fatty acids). It contains no less than 18 amino acids (including the 8 essential amino acids) whose chemistry is close to that of animal proteins. *Chlorella pyrenoidosa* contains the highest known level of chlorophyll in botany. It is also very rich in beta-carotene. It also contains vitamins B (B1, B2, B6, B12), niacin, pantothenic acid, folic acid, biotin, paba and inositol as well as many minerals, including phosphorus, calcium, magnesium, sulphur, iron, manganese, copper and zinc. Among the minerals, it is necessary to highlight the extraordinary richness in Zinc (323 mg/100 g) of *Chlorella pyrenoidosa* used in PROCARTILAG. It comes from an exclusive culture produced under strict hygiene and quality standards.

Dry extract of *Harpagophytum procumbens*, a plant used for centuries in Africa to relieve people suffering from joint, lumbar and muscular pain. Recently used in the West for its anti-pain and anti-inflammatory properties, it is prescribed in the treatment of osteoarthritis, rheumatism, tendonitis, sprains, torticollis.

Standardised dry extract of Curcumin (*Curcuma Longa L.*), gastrointestinal protector and powerful anti-inflammatory agent, turmeric reveals many other virtues than its simple food use. It treats digestive disorders, soothes pain due to gastritis and other intestinal inflammations and plays a protective role for the stomach and liver. Turmeric could also prove to be very effective in preventing certain cancers. Its rhizome is the subject of extensive research.

Dry extract of Spirée (*Spirea ulmaria*), known for centuries, the meadowsweet is used mainly as pain reliever. Its draining effect has also been observed and it is sometimes associated with other plants as part of a slimming or anti-cellulite diet. Grandmother of aspirin, she replaces this drug advantageously by avoiding side effects of this chemical treatment such as heartburn.

Dry extract of *Piper Nigrum*, pepper is first of all a digestive stimulant, promoting salivation and the production of gastric juices. This spice contains piperine, which stimulates the production of endorphins (and thus fights against depression) like melanocytes to treat vitiligo. Febrifuge, anti-inflammatory and antibacterial, pepper can still be used in case of fever, dental or rheumatic pains, contusions...